

NAME: _____ APPT DATE: _____ TIME: _____

REFERRING MD: _____

() MAILED HISTORY FORM: _____

() RECEIVED HISTORY FORM _____

() RECEIVED MD REFERRAL _____

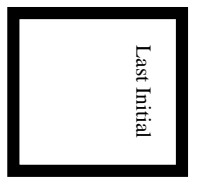
() DPX ALSO

() PATIENT TOLD TO COME 1/2 HOUR EARLY TO COMPLETE FORMS

NOTE ***We Are a "FRAGRANCE FREE OFFICE"***

*****We are a "FRAGRANCE FREE OFFICE"*****

Please see our Office Policy for Details.



Robin K Dore MD Inc

12791 Newport Ave., Suite 201, Tustin CA 92780
(714) 505-5500 FAX (714) 505-3381

Dear _____ Appointment Date: _____, 2020 ____ am ____ pm

You are scheduled for an appointment. **These are our policies:**

Referral required.

You must have a **referral** from your **treating physician** stating the reason for the referral. This can be a faxed prescription referring you to this office.

This office only provides **adult** (usually 30 and older) **rheumatology care** for arthritis and related auto-immune diseases; osteoporosis care may also be provided. Patients are not seen for "second opinions."

You must have a **primary physician** for your general medical (and emergency) care as well as routine physical exams. For example, your primary physician is responsible for your routine screening for various diseases, such as for breast, cervical, colon and prostate cancer. Breast, genitourinary and rectal examinations are not performed by Dr. Dore as part of her rheumatology care.

Forms to complete.

Fully complete, sign and return a **week** prior to your appointment the enclosed: patient history, financial responsibility statement and insurance billing authorization. We reserve the right to cancel appointments if the forms have not been received.

Bring medical records.

Bring any lab results, x-ray reports or other information relating to your disease. Ask your doctor in writing to send records here.

Payment.

Payment in full is required at the time services are rendered. You will receive a receipt showing the treatment, charge and diagnosis. You can use this to seek insurance reimbursement. Medicare and Blue Shield of **California** PPO(Commercial Plans) patients are responsible for deductibles and co-payments – these are paid at visits. **Credit Cards Accepted:** Visa, AMEX and MasterCard **ONLY**.

Insurance billing.

Except for Medicare and Blue Shield of California PPO (Commercial Plans Only). Dr Dore is **NOT a Preferred Provider for any Blue Shield PPO "Individual/Family Plans" -IFPs**, we do not bill insurance except as a courtesy – and only to those insurers we already submit to electronically.

Patients are responsible for amounts not paid by their insurer for medical services. **Medicare** patients please note: We may bill your secondary insurance(s). You may have to pay any amount not paid by your secondary insurance(s).

Communication: Our office may communicate with our patients by telephone and/or electronic methods, such as Patient Portal.

Please Bring Your Insurance Card(s) to your appointment.
If you are faxing/mailing your completed New Patient Packet, please include your insurance card(s) with your forms.

No IPAs/HMO/"Senior" Plans/ PPOs/Covered CA/Exchange.

This office is **NOT** a member of **any** independent physician organization (IPA), HMO, "senior plan" or preferred provider organization (PPO) or ANY Covered CA/Exchange Plans. **Exception: Blue Shield of CA PPO (Commercial Plans-ONLY).** Dr Dore is considered "Out of Network" for all Blue Shield of CA "Individual/Family Plans", eg, Platinum, Gold, Silver Plans, etc... It is the patient's responsibility to call and confirm with their own insurance plan to confirm.

No Primary Medi-Cal, Medicare/Medi-Cal, or Cal Optima

This office does **not** see Patients with these coverages. We reserve the right to stop seeing Medicare patients if their Medicare becomes secondary.

No Workers' Compensation or accident / lawsuits.

This office also does not see new patients with injuries, job related or otherwise, or problems which may involve a pending or potential lawsuit.

Any new patient with an injury, accident or problem involving an existing or potential lawsuit or workers compensation claim will not be seen and any visit will be terminated upon disclosure of such matters.

*****Please: Do not wear anything scented (perfume, cologne, body powder, after shave lotion, etc.) to the office.** Dr. Dore is **highly allergic** to these items. If you wear any such items your appointment may be canceled. You would have to reschedule. **See our "Fragrance Free" Office Policy.**

Cancellations. If you cannot keep this or any other appointment, please advise us as early as possible. We reserve the right not to reschedule patients who cancel.

Call **the office** if you have any questions about our policies.
714-505-5500

Dr. Dore is a board certified rheumatologist.

She is a Clinical Professor of Medicine at UCLA, and lectures house staff at Harbor-UCLA Medical Center.

In addition to her practice, Dr. Dore is a paid speaker, consultant and/or researcher for pharmaceutical companies regarding medications prescribed by physicians, including her.

She is also a paid consultant to other companies, including prescription benefit plans.

Full payment is required from you at the time of the office visit. Blue Shield of CA Plans, Medicare and Medi-Cal patients must pay any applicable deductible, co-payment or share of cost.) We are **NOT** a member of any preferred provider organization (except Dr. Dore is a California Blue Shield PPO preferred provider for **Commercial Plans only**) or independent physician association (IPA) or HMO. We will file primary Medicare claims. We will bill third party coverage as a courtesy if already do so electronically. However, you are responsible for any amount not paid except where applicable federal or state laws limit patient's responsibility.

Name		Home Tel	
Address		Work/Cell No:	
City		SSN	Sex
State/Zip		Birth Date	
Marital	() Single () Married () Divorced () Widowed/Widower		
Patient Employer	Patient e-mail address:		
Spouse	Primary Pharmacy Name/Phone:		
Spouse Employer		Spouse Work Tel	
Friend/relative (other than spouse) to call in emergency:			
Friend/relative Tel		Relationship	
Primary Insurance		Secondary Ins	
Policy No		Policy No	
Group No		Group No	
Policyholder		Policyholder	
Primary MD		Tel	
Orthopedist		Tel	
Gynecologist		Tel	
Other		Tel	

Adult (usually 30 or older) rheumatology consultation and treatment are provided solely for arthritis and related auto-immune diseases; osteoporosis care is provided for some patients. Therefore, it is required that all patients have a primary care physician (internist, family or general practitioner) and appropriate specialists for their other medical problems and for emergencies.

You must see your primary physician for routine physical examinations, including appropriate screening for various diseases, including screening for breast, cervical, colon and prostate cancer, all of which can be fatal if undetected. Breast, genitourinary and rectal examinations are not performed by our physicians as part of providing rheumatology care.

We encourage you to discuss fees prior to your appointment to avoid any misunderstandings.

Our fees are for Rheumatology consultation and care and for any x-ray or lab services done in our office. Any additional studies (lab, xray, EMG, MRI, CT scan, etc.) not done in our office will be billed directly to the patient by the appropriate outside lab, physician or x-ray facility that does those tests.

AGREED TO:

Patient Sign:

Date: _____

Robin K. Dore, M.D., Inc.

INSURANCE AUTHORIZATION AGREEMENT

The patient hereby provides Robin K. Dore, M.D., Inc. with the following authorizations relating to insurance, Medicare and/or other coverage available to the patient; such authorizations shall apply to past, present and future services furnished by Robin K. Dore, M.D., Inc.

Authorization of Payment of Benefits

I authorize payment directly to Robin K. Dore, M. D., Inc. for services furnished to me. I will pay all charges not fully paid by insurance, Medicare and/or other coverage. I authorize release of my insurance information to a lab or other outside facility so they can bill my insurance directly for their services.

Signature: _____ Date: _____

Authorization to Release Information

I authorize Robin K. Dore, M.D., Inc. (and all physicians employed thereby) to release any information acquired in the course of my examination and treatment to my insurer, Medicare and/or provider of other coverage.

Signature: _____ Date: _____

(1) Medicare Authorization and (2) Medicare Authorization for Prolonged Treatment (YE 12/31/2020) and (3) Addendum

Medicare Authorization

I request that payment of authorized Medicare benefits be made either to me or on my behalf to Robin K. Dore, M.D., Inc. for any services furnished by that physician/supplier. I authorize any holder of medical information about me to release to the Health Care Financing Administration and its agents any information needed to determine these benefits or the benefits payable to related services.

I understand my signature requests that payment be made and authorizes release of medical information necessary to pay the claim. If "other health insurance" is indicated in Item 9 of the HCFA-1500 form, or elsewhere on the approved claim forms or electronically submitted claims, my signature authorizes releasing of the information to the insurer or agency shown. In Medicare assigned cases, the physician or supplier agrees to accept the charge determination of the Medicare carrier as the full charge and the patient is responsible only for the deductible, coinsurance and noncovered services. Coinsurance and the deductible are based on the charge determination of the Medicare carrier.

Medicare Authorization for Prolonged Treatment (YE 12/31/2020)

I request that payment under the medical insurance program be made either to me or to Robin K. Dore, M.D., Inc. on any bills for services furnished me by Robin K. Dore, M.D., Inc. and/or Robin K. Dore, during the period **OCTOBER 1, 2019 TO DECEMBER 31, 2020**.

Medicare HMO Addendum

I know that Robin K Dore MD is **NOT** a member of any Medicare HMO and if I belong to or sign up for a Medicare HMO, I must pay Robin K Dore MD for her services. It is my choice to see Dr Dore (and pay) or go to a rheumatologist on my HMO plan.

MEDICARE No: _____

Signature: _____ Date: _____

Group: Robin K. Dore , M.D., Inc.

HEALTH HISTORY QUESTIONNAIRE FOR PATIENTS SEEKING TREATMENT FOR ARTHRITIS AND RELATED DISEASES

Appointment Date	Time:	Race: <input type="checkbox"/> White <input type="checkbox"/> African American <input type="checkbox"/> Asian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other:	Ethnicity: <input type="checkbox"/> Non-Hispanic <input type="checkbox"/> Hispanic
Name:	Age:	Date of Birth:	Sex <input type="checkbox"/> Male <input type="checkbox"/> Female
Referred by:	<input type="checkbox"/> Self <input type="checkbox"/>	who is <input type="checkbox"/> MD <input type="checkbox"/> Friend <input type="checkbox"/> Health professional <input type="checkbox"/> Other	
Your primary physician:	The names of your other types of doctors listed below		
Orthopedic Surgeon	<input type="checkbox"/> None <input type="checkbox"/>	Gynecologist	<input type="checkbox"/> None <input type="checkbox"/>
Date of Last →	Physical Exam	Chest X-ray	Pap Smear
	Lab Tests	Eye Exam	Mammogram

- Yes No Is your problem work related?
- Yes No Do you have any injury, accident or problem - with an existing or potential lawsuit?
- Yes No Are you receiving or applying for disability?
- Yes No Are you receiving or applying for workers compensation?

HISTORY OF PRESENT PROBLEMS: What Brings you to a Rheumatologist?

Began: _____ **Describe your symptoms**

Joints: <input type="checkbox"/> Swelling	<input type="checkbox"/> Pain when move	Muscles: <input type="checkbox"/> Pain when used	<input type="checkbox"/> Weakness <input type="checkbox"/> Tender to touch
<input type="checkbox"/> Tender to touch	<input type="checkbox"/> Reduced movement	Morning stiffness - for how long:	

Joints affected in the last 6 months:

Muscles affected in the last 6 months:

Who have you seen for this problem? No one

Have you seen a rheumatologist ? No Who? _____ When? _____

Were you given a diagnosis? No What? _____ When? _____

WHAT TREATMENT DID YOU HAVE?	Was it Effective?	Was it Effective?	Was it Effective?
<input type="checkbox"/> Acupuncture	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Medication (List pages 3 and 4)	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Appliance (cane, walker)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Physical therapy	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Biofeedback	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Psychological counseling	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Chiropractor	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Surgery (List next page)	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Joint injected or Aspirated	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Trigger point injection	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Other:	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Other:	<input type="checkbox"/> Yes <input type="checkbox"/> No

WHAT IS YOUR MEDICAL HISTORY? Do you have, or have you had, any of the following problems? (Check which ones) List any other problems not mentioned.

<input type="checkbox"/> AIDs or Aids related complex	<input type="checkbox"/> Diverticulosis	<input type="checkbox"/> Kidney disease/stones	<input type="checkbox"/> Thyroid disease
<input type="checkbox"/> Anemia	<input type="checkbox"/> Epilepsy/Seizures	<input type="checkbox"/> Leukemia	<input type="checkbox"/> Hypothyroid
<input type="checkbox"/> Asthma	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Mental health problems	<input type="checkbox"/> Hyperthyroid
<input type="checkbox"/> Bleeding disorder	<input type="checkbox"/> Gout	<input type="checkbox"/> Pancreatitis	<input type="checkbox"/> Tuberculosis (TB)
<input type="checkbox"/> Cataracts	<input type="checkbox"/> Headaches	<input type="checkbox"/> Phlebitis	<input type="checkbox"/> Positive TB Skin test
<input type="checkbox"/> Cancer :	<input type="checkbox"/> Heart disease/heart attacks	<input type="checkbox"/> Pleurisy/fluid on lungs	<input type="checkbox"/> Ulcers Bleeding? <input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Congestive heart failure:	<input type="checkbox"/> Hepatitis/Jaundice	<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Venereal disease
<input type="checkbox"/> Diabetes	<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Strokes <input type="checkbox"/> Psoriasis	<input type="checkbox"/> Rheumatic fever

Please list any other medical problems not mentioned

WHAT IS YOUR SURGICAL HISTORY?

Have you had any of kind of surgery, in or out of a hospital? Yes No If yes, describe the surgeries below.
Surgery includes plastic/cosmetic surgery or procedures (breast implants, collagen injections, lifts, tucks, etc.)

What operation was performed	When	Who performed the operation	Where?

Have you ever had any

Broken bones or fractures?	<input type="checkbox"/> Yes <input type="checkbox"/> No	When?	Which bone?
Other major injuries?	<input type="checkbox"/> Yes <input type="checkbox"/> No	When?	Describe
Transfusions?	<input type="checkbox"/> Yes <input type="checkbox"/> No	When?	Where?

WHAT IS YOUR FAMILY MEDICAL HISTORY?

Father <input type="checkbox"/> Alive/age	Current health	<input type="checkbox"/> Dead/ age died	Cause of death	
Mother <input type="checkbox"/> Alive/age	Current health	<input type="checkbox"/> Dead/ age died	Cause of death	
Number of Brothers	Number alive	Number dead	Age died	Cause of death
Number of Sisters	Number alive	Number dead	Age died	Cause of death
Number of Children	Number alive	Number dead	Age died	Cause of death
Ages of Living Children				
Major illnesses of Children				

Has any blood relative (parent, grandparent, aunt, uncle, sibling, child, etc.) had any of the following conditions?

Check if yes	Relation	Check if yes	Relation
<input type="checkbox"/> Ankylosing spondylitis	_____	<input type="checkbox"/> Cancer:	_____
<input type="checkbox"/> Arthritis (type unknown)	_____	<input type="checkbox"/> Cancer:	_____
<input type="checkbox"/> Childhood arthritis	_____	<input type="checkbox"/> Cancer:	_____
<input type="checkbox"/> Colitis	_____	<input type="checkbox"/> Congestive heart failure	_____
<input type="checkbox"/> Fibromyalgia	_____	<input type="checkbox"/> Diabetes	_____
<input type="checkbox"/> Gout	_____	<input type="checkbox"/> Epilepsy	_____
<input type="checkbox"/> Lupus or SLE	_____	<input type="checkbox"/> Heart problems	_____
<input type="checkbox"/> Osteoarthritis	_____	<input type="checkbox"/> High blood pressure	_____
<input type="checkbox"/> Osteoporosis	_____	<input type="checkbox"/> Kidney disease/stones	_____
<input type="checkbox"/> Psoriasis	_____	<input type="checkbox"/> Leukemia	_____
<input type="checkbox"/> Rheumatoid arthritis	_____	<input type="checkbox"/> Rheumatic fever	_____
<input type="checkbox"/> Other arthritis condition	_____	<input type="checkbox"/> Stroke	_____
<input type="checkbox"/> Alcoholism	_____	<input type="checkbox"/> Thyroid problems	_____
<input type="checkbox"/> Asthma	_____	<input type="checkbox"/> Tuberculosis (TB)	_____
<input type="checkbox"/> Bleeding tendency	_____	<input type="checkbox"/> Ulcer	_____

Please list any other family medical problems not mentioned.

SOCIAL HISTORY

Occupation/ Major Activities _____ Employment situation: Full-time Part-time Unemployed Retired Disabled

Major Activities Homemaker Student Time spent weekly working, doing housework and/or going to school _____

Education Years of school attended: 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20

Marital Status Check all that apply Never married Married Cohabiting Separated Divorced Widowed
 Spouse/significant other: Alive/age _____ Dead/age died _____ Current health/cause of death _____

Home Situation Live in: House Apartment Condo Yes No Stairs to climb, If yes, how many _____ Primary Language: _____
 Live: Alone With parents (#) _____ Spouse Children (#) _____ Siblings (#) _____ Others (#) _____
 Do you do most of the: Housework ? Yes No Shopping? Yes No Yardwork? Yes No

Exercise/Hobbies Do you Jog Swim Walk - how long, how briskly? _____ Hobbies? _____

Travel Yes No Have you travelled in the last few years? If so, where: _____

Hike/Camp Yes No Have you hiked/camped in the last few years? If so, where: _____

Caffeine Yes No Have you had any insect/tick bites? If yes, when _____
 Yes No Do you drink coffee or tea? If yes, how many cups per day: _____
 Yes No Do you drink soda with caffeine? If yes, how many cans per day _____

Smoking Yes No Do you smoke cigarettes? Age started _____ If yes, how many packs per day? _____
 Yes No Did you smoke cigarettes? Age started _____ If yes, how many packs per day? _____ Age you stopped? _____
 Yes No Do you smoke anything else besides cigarettes? If yes, what? _____

Alcohol Yes No Do you drink alcohol? If yes: Beer Wine Hard liquor Drinks per day? _____
 Yes No Has anyone ever told you To drink less alcohol?
 Yes No Do you use drugs for recreational purposes?
 Yes No Have you ever injected drugs?

Driving No Yes Are you able to drive?

Sleep No Yes Do you get enough sleep at night? How many pillows do you use? _____
 No Yes Do you feel rested when you wake up? What time do you: Go to bed? _____
 No Yes Is it easy for you to: Go to sleep? What time do you: Go to sleep? _____
 No Yes Is it easy for you to: Stay asleep? What time do you: Wake up in the morning? _____
 No Yes Is it easy for you to: Obtain restful sleep? What time do you: Get out of bed? _____

MEDICATIONS

Drug Allergies

Do you have any allergies to medications? Yes No If yes, to what: _____

Type of reactions _____

CURRENT MEDICATIONS: What Medications are you taking now?

List ALL medications you are taking, prescription and non prescription. Non prescription items include aspirin, ibuprofen, naproxen, vitamins, laxatives, supplements (calcium, iron, etc.), herbs, etc. Indicate the dose (strength of the pill and number of pills per day), whether it is helpful, and whether you have had any bad reactions or discomfort from the medicine (we sometime call these problems "side effects").

Name of Medication	Dose	Pills daily	Start Date	Reason using	Does it help	Reactions to the medication

PAST ARTHRITIS MEDICATIONS: The following is a list of many arthritis and other medications. Please CIRCLE each medication you have taken

Pain / NSAIDS Advil Ibuprofen Aspirin Tylenol Tylenol with Codeine Vicodin Hydrocodone Norco Disalcid Lyrica Neurontin Nucynta Toradol Ultram Ultracet Zostrix	NSAIDs... Ansaïd Duexis Celebrex Clinoril Daypro Dolobid Feldene Indocin Lodine Meclomen Mobic Motrin Nalfon Naproxyn Orudis Oruvail Relafen Tolectin Voltaren Vimovo Vivlodex Zorvolex	Corticosteroids Cortisone Medrol Prednisone Prednisolone Gout Medicines Allopurinol Benemid Colcrys Colchicine Krystexxa Uloric "Anti-Rheumatic Drugs" Arava Azulfidine Cyclosporine Cytoxan Gold shots or Gold Pills(Ridaura) Celcept	"Anti-Rheumatic Drugs..." Olumiant Otezla Imuran Methotrexate pills Methotrexate shots Rinvoq Penicillamine Plaquenil Quinacrine Rasuvo Xeljanz Biologics-BRMs Actemra Cimzia Cosentyx Enbrel Humira Kevzara Kineret Orencea Remicade →	Biologics-BRM, Cont.. Rituxin Simponi Stelara Taltz Stomach/Anti-ulcers Antacids Aciphex Axid Carafate Cytotec Dexilant Nexium Pepcid Prevacid Prilosec Protonix Tagamet Zantac	Muscle Relaxants Flexeril Norflex Parafon forte Robaxin Soma Skelaxin Zanaflex Osteoporosis Actonel Atelvia Boniva Calcitonin Didronel Evista Evenity Forteo Fosamax Miacalcin Prolia Reclast Tymlos	Anti-depressant Celexa Cymbalta Desaryl Effexor Elavil Lexapro Paxil Pristiq Prozac Serzone Sinequan Savella Tofranil Zoloft Sleep Ambien Lunesta Sonata Rozerem Dalmane Halcion Restoril
--	--	---	---	---	---	---

For each medication circled above (and any other arthritis medication not listed), please do the following

Name of Medication	Dose: Strength of Pill	Pills per day	Start Date	Stop Date	Did it help? 1. No 2. A little 3. A lot	Reason stopped 1. Did not work 2. Stopped working 3. Did not need 4. Side effects	Reactions to the medication 1. Stomach upset 2. Bleeding ulcer 3. Kidney 4. Liver 5. Lung 6. Skin 7 Other

REVIEW OF SYSTEMS: Check which symptoms apply to you; please complete any blanks.

GENERAL

- Fatigue
Chronic Yes No
Recent Yes No
- Weakness
Generalized Yes No
Local Yes No
Where? _____
- Fever Yes No
High? Yes No
How often? _____
- Recent weight change Yes No
How much? _____ Gain Loss
- Loss of appetite Yes No
Thirst Yes No

SKIN

- Bruise easily Yes No
Rash Yes No
Redness Yes No
Hives Yes No
- Tightness Yes No
Hair loss Yes No
Dry Yes No
Nodules/Bumps Yes No
- Sensitive or allergic to sunlight Yes No
Hands/feet change color in cold Yes No
Increased pigmentation Yes No
Decreased pigmentation Yes No
Ulcerations (sores) Yes No

EARS

- Ringing in ears Yes No
Hearing loss/impaired Yes No

EYES

- Painful Yes No
Red Yes No
Dry Yes No
Loss/impaired vision Yes No
Double or blurred vision Yes No
Feels like something in eye Yes No

NOSE

- Nosebleeds Yes No
Loss/impaired of smell Yes No
Dry Yes No

MOUTH

- Sore tongue Yes No
Gums bleed Yes No
Sores in mouth Yes No
Loss/impairment of taste Yes No
Dry Yes No
Yeast in mouth Yes No

THROAT

- Frequent sore throats Yes No
Hoarse Yes No
Hard to swallow Yes No

NECK

- Swollen glands Yes No
Tender glands Yes No

HEART and LUNGS

- Chest pain Yes No
Heart murmur Yes No
Irregular heart beat Yes No
Sudden changes in heart beat Yes No
- Shortness of breath Yes No
Wheezing Yes No
Difficulty breathing at night Yes No
Cough up blood Yes No
Coughing Yes No
- Swollen legs, ankles or feet Yes No
High blood pressure Yes No
Night sweats Yes No

STOMACH and INTESTINES

- Nausea Yes No
Heartburn Yes No
Indigestion Yes No
Stomach pain relieved by food, milk or antacids. Yes No
Blood in stools Yes No
Black stools Yes No
Vomit blood or coffee ground-like material Yes No
- Jaundice/yellow skin Yes No
Constipation Yes No
Diarrhea Yes No

KIDNEY/URINE/BLADDER/GENITALS

- Have difficulty trying to urinate Yes No
Pain or burning when urinating Yes No
- Blood in urine Yes No
Pus in urine Yes No
Urine is cloudy or "smoky" Yes No

- Discharge from penis or Yes No
Have to urinate frequently Yes No
Must get up at night to urinate Yes No

- Vaginal dryness Yes No
Genital rash/ulcers Yes No
Herpes Yes No

- Prostate problems Yes No
Sexual activities limited Yes No
By disease Yes No
Other reasons Yes No

BLOOD

- Anemia Yes No
Bleeding tendency Yes No

NERVOUS SYSTEM

- Headaches/Where
Front of head Yes No
Back of head Yes No
- Dizziness/When
All the time Yes No
When changes positions Yes No
Fainting Yes No
Loss of consciousness Yes No
When? _____
- Memory loss – can't remember
Recent activity Yes No
Old events Yes No

- Muscle spasm
Generalized Yes No
Localized Yes No
Where? _____

- Sensitivity or pain due to cold
In hands Yes No
In feet Yes No

- Numbness/tingling
Hands Yes No
Arms Yes No
Feet Yes No
Legs Yes No
Coordination problems Yes No

- Do you have difficulty
Relaxing Yes No
Concentrating Yes No
Deciding things Yes No
Are you: Nervous Yes No
Depressed Yes No
Worried a lot Yes No
Losing your temper Yes No
Anxious Yes No

MENSTRUAL HISTORY

[] N/A, male

Age periods began _____ Lasting how long _____ Days apart _____

Age periods ended _____

Month/year of: Last Menstrual period _____

Month/year of: Last bleeding of any kind _____

Yes No Do you consider yourself postmenopausal. If yes, was it
 Natural menopause Surgical menopause (hysterectomy)
 Yes No Were one or more ovaries removed?

Yes No Are/were your periods regular
Were your periods infrequent or absent:

Yes No For one or more years

Yes No Because of athletic participation (running, gymnastics, diving, etc.)

Yes No Have you ever used contraception. If yes, describe:
Current: _____
Past: _____

Yes No Have you ever taken estrogen therapy (ERT/HRT)?
If yes, date started: _____ Date stopped: _____
If no, why not? _____

Current ERT/HRT: _____

List all previous ERT/HRT: _____

If you stopped, ERT/HRT, why?

OSTEOPOROSIS PROFILE QUESTIONS

Sex/Race: Female Male White Asian Hispanic Black Other :

Age/Ancestry: Age _____ N Europe Scotch Irish English

Height Changes: Maximum Height: _____ Height today: _____

Weight Changes: Weight at 20: _____ At 50 _____ Today _____

Yes No Have you been told you have osteoporosis?
 Yes No Have you been told your x-ray shows low bone mass?
 Yes No Have you ever had a bone density study? If yes, was it:
 Spine Hip Wrist Ankle
When: _____ Where: _____

Yes No Have you ever had a CT scan of your spine or hip

Yes No Have you broken any bones? Which ones:
 Spine Hip Wrist Ankle
 Rib Toe Other _____

Yes No Have you taken any of the medicines below? Which ones:
 Fosamax Actonel Evista ERT/HRT
 Calcitonin Fluoride Didronel

Yes No Do you have a family history of osteoporosis?
 Mother Daughter Sister Grandmother
 Father Son Brother Grandfather

Yes No Did any family members with osteoporosis have a fracture?
 Mother Daughter Sister Grandmother
 Father Son Brother Grandfather

Yes No Do you have scoliosis (curvature of the spine)?

Yes No Do you have any of these physical characteristics?
 Petite/small build (8 or less dress/36 or less jacket)
 Light hair, fair skin, freckles when young

Yes No Are you/have you been inactive, immobile or confined indoors?
 Yes No Do you have/did you have an eating disorder?
 Anorexia Bulimia Other

Yes No Do you/did you smoke more than 1 pack /cigarettes day?

Yes No Do you/did you drink 2 or more alcohol beverages a day?

Yes No Do you/did you drink 2 or more caffeine beverages a day?

Yes No Was your dairy product use limited for any reason?
 Allergic Caused cramps or stomach upset
 Consumed 2 or less milk products day

Yes No Do you/did you taken any of the following medications:
 Prednisone/Medrol Dilantin
 Chemotherapy Heparin/Coumadin
 Methotrexate Lupron
 Thyroid supplements Lithium

Yes No Do you/did you have any of the following health problems:
 Gastric surgery Asthma
 Epilepsy Breast Cancer
 Rheumatoid arthritis GI/Bowel disease
 Liver problems Prostate cancer
 Thyroid supplements Infertility
 Kidney diseases Malabsorption syndrome
 Juvenile diabetes Transplant recipient

No Yes Did you breast feed any children?

No Yes Do you take calcium supplements?

No Yes Do you take a multivitamin or Vitamin D supplement?

No Yes Are you physically active?
 Jog Walk frequently Swim Other